



**Vision
Australia**

Blindness. Low Vision. Opportunity.

LEAP 2026

Program information



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About the 2026 program

Vision Australia's LEAP (Learn, Engage, Act, Perform) program is an innovative employability and leadership program. LEAP is designed specifically for young people who are blind or have low vision who want to learn new skills and gain confidence to achieve their personal and professional goals. LEAP is an inclusive program that is tailored to each person's needs.

Traditional education and disability employment services often do not have the expertise in blindness and low vision that young people require to learn new skills in a meaningful way. Vision Australia are experts in vision specific services and support and understand the unique challenges that young people can face.

The LEAP program will build a young person's employability by supporting them to achieve goals across the following domains:



Choice and control



Daily living



Work



Lifelong learning



Social and community participation



Health and wellbeing



Relationships

Participants graduate with important skills and insights in emotional intelligence, relationships, conversational skills, personal presentation, and technology. They also graduate with a personalised resume and cover letter, which is coupled with their new knowledge in job searching, networking, and job interviewing.

LEAP is a ten-month program running from February to November 2026. It is designed for teenagers aged 14-18 years who are blind or have low vision. Participants can live anywhere in Australia. All young people applying to participate in LEAP 2026 are required to complete a "LEAP-Mini" session before November 21, 2025. For more information about the LEAP-Mini, visit our [program details](#) page.

Check out our [website](#) for additional information and testimonials from our LEAP graduates.

For more information or to register your interest, please complete the [expression of interest form](#) or email LEAP@visionaustralia.org.

Key dates

Registrations close: November 21, 2025

Program starts: February, 2026

Individual meetings: Monthly session booked between you and your Vision Australia service provider.

Group meetings: One evening per month for the duration of the program.

Time commitment per month

The program is designed to operate outside of school hours.

- 90-minute monthly one-on-one sessions with a Vision Australia service provider.
- 60-minute monthly group meeting with fellow LEAP participants and Vision Australia group facilitators.
- 60-minute weekly independent task completion.
- Additional optional and mandatory meetings, depending on month.

Program delivery

Sessions are delivered by Vision Australia Service Providers via Telehealth. LEAP's team of service providers includes occupational therapists, psychologists, orthoptists, speech pathologists, physiotherapists, counsellors, and orientation and mobility specialists.

Cost

- Appropriate NDIS funding can be used for this program.
- A camp at Vision Australia in Melbourne may occur, depending on interest and health guidance.

Monthly schedule

Month	Activities	Outcomes
February	<ul style="list-style-type: none"> ● Group introduction meeting and setting of a Group Conduct Agreement. ● Baseline Survey, character strengths survey and discussion about your strengths, preferences, things that energise you and how this translates to your daily life. 	<ul style="list-style-type: none"> ● Understanding the type of career you may be suited to. ● How your character strengths impact your life. ● Meeting your peers in the program.
March	<ul style="list-style-type: none"> ● Watch video on being a Gen Z in the workplace. Followed by discussion and questions about the video and your mentor preferences. ● Introduction to the idea of fundraising and volunteering. ● Boost your tech skills: emailing, calendar management, and what technology can offer you. 	<ul style="list-style-type: none"> ● Understanding how employers may see you as the “younger generation” and what this means. ● Understanding what you need in a mentor and why this is important. ● Understanding how technology can support you to achieve your goals, email etiquette, time management, and planning.

Month	Activities	Outcomes
April	<ul style="list-style-type: none"> ● Learn about supporting a cause of their choice through brainstorming fundraising or volunteering ideas. ● Introduction of the “elevator pitch” and demonstrate how to be proactive in life. ● Identify your personal values. ● Technology session: exploring if your device is meeting your needs and learning how to use your device effectively. 	<ul style="list-style-type: none"> ● Creating a plan for your fundraising or volunteering project and what support you might need to achieve the goals. ● Understanding how your personal values are expressed through your life and actions.
May	<ul style="list-style-type: none"> ● Complete your fundraising or volunteering project plan. ● Learn how to have hard conversations. 	<ul style="list-style-type: none"> ● Understanding how a coach or a mentor can assist you to navigate your life choices. ● Develop confidence in discussing difficult subjects.
June	<ul style="list-style-type: none"> ● Voice coaching. ● Learn about personal branding. 	<ul style="list-style-type: none"> ● Understand the importance of organisation and planning when facilitating a project. ● Understand the importance of holding difficult conversations and problem solving.

Month	Activities	Outcomes
July	<ul style="list-style-type: none"> Learn the importance of a resume, how to create one, and what to include. Vision Australia camp: dependent on interest and health guidance. 	<ul style="list-style-type: none"> Skills to develop your resume and job searching skills.
August	<ul style="list-style-type: none"> Networking, resumes, cover letters, job advertisements, and mock interviews. 	<ul style="list-style-type: none"> Understanding networking. Preparing a resume and cover letter.
September	<ul style="list-style-type: none"> Preparing your job application for mock interviews. 	<ul style="list-style-type: none"> Undertaking a mock interview. Personalised feedback from Vision Australia employment consultants.
October	<ul style="list-style-type: none"> Emotional intelligence: reflecting on priorities, values, and behaviour. Preparing for final presentations. 	<ul style="list-style-type: none"> Getting to know yourself and liking yourself a little bit more.
November	<ul style="list-style-type: none"> Delivery of final presentation (via Microsoft Teams) to fellow participants, family, friends, and Vision Australia staff. 	<ul style="list-style-type: none"> This is the culmination of everything participants have learned during their time in the LEAP program.



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